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Jets and Giants fans:

This 2010 football season

Metro-North makes

getting to the New Jersey

Meadowlands Sports

Complex easier than ever.

How? Just "Take the

Train to the Game!"

KEY PROGRAM HIGHLIGHTS INCLUDE:

- A one-ticket ride from any Metro-North station to any Giants or Jets football game at the Meadowlands Sports Complex.
- Direct New Haven Line service for Sunday, 1 PM games.
- Non-direct service on Hudson, Harlem, and New Haven lines.
- Pascack Valley and Port Jervis Line service for Rockland, Orange, and Westchester County customers.

Service Overview

Once again, Metro-North customers can purchase one ticket for travel to the Meadowlands Sports Complex (connecting at the Frank R. Lautenberg Secaucus Junction Station) for Giants and Jets home games.

- Beginning September 12, 2010, Metro-North will provide direct service from major New Haven Line stations to the Meadowlands (connecting at Secaucus Junction). See our direct service timetables for details.
- In addition, our regularly scheduled service will bring you to Grand Central Terminal, where you'll be able to make one quick subway transfer to connect to trains from Penn Station-NY to the Meadowlands. Schedules available on our home page at www.mta.info.

DIRECT NEW HAVEN LINE SERVICE

via Secaucus Junction

New Haven Line Customers: From major stations, a New Haven Line train will provide direct through-service (one-seat ride) to NJ TRANSIT's Secaucus Junction (via Penn Station-NY) for all Sunday, 1 PM kick-off home games. From Secaucus Junction, it's an easy transfer to the Meadowlands Rail Line for an express ride to the Meadowlands Sports Complex Station.

NON-DIRECT SERVICE ON HUDSON, HARLEM & NEW HAVEN LINES

Hudson, Harlem, and New Haven Line Customers: Take Metro-North to Grand Central Terminal, ride the subway to Penn Station-NY, then transfer to a NJ TRANSIT train for an express ride on the Meadowlands Rail Line (connecting at Secaucus Junction) to the Meadowlands Sports Complex Station.

PASCACK VALLEY & PORT JERVIS LINES

Rockland, Orange, and Westchester County Customers: You can get to the Meadowlands Sports Complex Station from Spring Valley, Nanuet, and Pearl River stations on the Pascack Valley Line as well as from Port Jervis Line stations. Check www.mta.info for the most current schedule details.

PLEASE NOTE: The Meadowlands Sports Complex Stadium does not allow coolers or any over-sized containers on their property.

Travel Plans

Here's what you need to know. For further information about ticket-buying options, refer to the "How to Purchase Your Train to the Game" Tickets section.

DIRECT SERVICE FROM MAJOR NEW HAVEN LINE STATIONS

to the Meadowlands Sports Complex for Sunday, 1 PM Games ONLY

- Purchase your round-trip rail ticket to the Meadowlands Sports Complex Station at any Metro-North ticket office, ticket machine, or through WebTicket (www.mta.info).
- Direct service will be provided from the following stations:
 - New Haven
 - Bridgeport
 - Fairfield
 - Westport
 - South Norwalk
 - Stamford
 - Greenwich
 - Rye
 - Larchmont

Connections available from the New Canaan Branch. For Danbury and Waterbury Branches, check the schedule for connections, or drive to a New Haven Line station from which direct service is provided.

Visit www.mta.info for schedule information.

- When you arrive at Secaucus Junction, look for the NJ TRANSIT representative at the fare gates.
 - Show your train ticket to the representative at the gate.
 - The express ride from Secaucus Junction to the Sports Complex is approximately 10 minutes.

Free weekend parking is available at many New Haven Line stations. Visit www.mta.info for parking information at your departure station.

DIRECT SERVICE RETURNING FROM THE MEADOWLANDS SPORTS COMPLEX

to major New Haven Line stations after Sunday, 1 PM Games ONLY

- After the game, ride the Meadowlands Rail Line back to Secaucus Junction.
- Look at the electronic information board (next to the Pascack Valley departures board) for departure information about the New Haven Line train.
- Direct service will be provided to the following stations:
 - Larchmont – Stamford – Fairfield
 - Rye – South Norwalk – Bridgeport
 - Greenwich – Westport – New Haven

Connections available to the New Canaan Branch.

Visit www.mta.info for schedule information.

- **Remember**, you can also ride any other scheduled NJ TRANSIT train back to Penn Station-NY and transfer to Grand Central Terminal via subway for your Metro-North train back home. Your “Train to the Game” ticket will be honored on all Metro-North trains. If you take the subway back to Grand Central Terminal from Penn Station-NY, you will need to purchase a MetroCard®. You can also walk to Grand Central Terminal from Penn Station-NY.

NON-DIRECT SERVICE FROM HUDSON, HARLEM & NEW HAVEN LINES

to the Meadowlands Sports Complex

(For all games from the Hudson and Harlem Lines, and non-direct New Haven Line trains)

- Purchase your round-trip rail ticket to the Meadowlands Sports Complex Station at any Metro-North ticket office, ticket machine, or through WebTicket (www.mta.info).
 - Visit www.mta.info for Hudson, Harlem, and New Haven line schedule information.
 - Once you arrive at Grand Central Terminal, transfer to Penn Station-NY.
 - By subway: Take the **S** or **7** subway to 42nd St./Times Square, then the downtown **1**, **2**, or **3** subway one stop to Penn Station-NY.
- NOTE:** Be sure to purchase a \$4.50* MetroCard for your round-trip to/from Penn Station-NY.

– Walking: Penn Station-NY is located on Seventh Avenue and 32nd St., about a 20-minute walk from Grand Central.

- Visit www.njtransit.com for a NJ TRANSIT train schedule to Secaucus Junction, with connections to the Meadowlands Rail Line.
- When you arrive at Secaucus Junction, look for the NJ TRANSIT representative at the fare gates.
 - Show your train ticket to the representative at the gate.
 - The express ride from Secaucus Junction to the Stadium is approximately 10 minutes.

Free weekend parking is available at many Metro-North stations. Visit www.mta.info for parking information at your departure station.

NON-DIRECT SERVICE RETURNING FROM THE MEADOWLANDS SPORTS COMPLEX

to Hudson and Harlem Lines (for all games) and non-direct New Haven Line trains

- After the game, ride the Meadowlands Rail Line back to Secaucus Junction.
 - Transfer at Secaucus Junction for trains bound for Penn Station-NY. (Visit www.njtransit.com for NJ TRANSIT train schedules.)
 - Once you arrive at Penn Station-NY, transfer to Grand Central Terminal.
 - By subway: Take the uptown **1**, **2**, or **3** subway to 42nd St./Times Square, then the **S** or **7** subway to Grand Central Terminal.
- NOTE:** Be sure to purchase a \$4.50* MetroCard for your round-trip to/from Penn Station-NY.
- Walking: Grand Central Terminal is located on 42nd Street between Lexington and Vanderbilt Avenues, about a 20-minute walk from Penn Station-NY.
 - Visit www.mta.info for Metro-North’s New Haven, Hudson, or Harlem Line schedules for trains returning to your home station.

*current fare as of August 2010; subject to change

FROM STATIONS ON THE PASCACK VALLEY & PORT JERVIS LINES TO THE MEADOWLANDS SPORTS COMPLEX

for any Giants or Jets Game

- Purchase your rail ticket to the Meadowlands Sports Complex Station from NJ TRANSIT.
- Visit www.mta.info for Metro-North's West of Hudson schedule for service departing from your boarding station and connecting at Secaucus Junction to the Meadowlands Sports Complex Station.

HERE'S A TIP: If you live in Westchester, you may want to drive to one of our Pascack Valley Line stations in Rockland County. Parking is free on weekends, and you can "Take the Train to the Game" from Spring Valley, Nanuet, or Pearl River stations to the Meadowlands Sports Complex Station for any Giants or Jets game. Getting to our Pascack Valley Line stations is easy: Simply take the Tappan Zee Bridge to Interstate 87 for a quick 15-20 minute trip to any of the three Pascack Valley Line stations. All three Metro-North stations are located within minutes of Exit 14 (Route 59).

RETURNING FROM THE MEADOWLANDS SPORTS COMPLEX

to Pascack Valley and Port Jervis Line stations

- After the game, ride the Meadowlands Rail Line to Secaucus Junction.
- Transfer at Secaucus Junction for train service to Pascack Valley or Port Jervis Line stations.
- Visit www.mta.info for Metro-North's West of Hudson schedule from Secaucus Junction.

How To Purchase Your "Train To The Game" Tickets

FROM ANY HUDSON, HARLEM, OR NEW HAVEN LINE STATION

to the Meadowlands Sports Complex

Metro-North sells tickets to the Meadowlands Sports Complex for Giants and Jets home games, as well as other events. Visit www.mta.info for more information.

- The price of a round-trip ticket to the Meadowlands Sports Complex Station is the same as the round-trip fare from any station to Grand Central Terminal **PLUS** \$10.50* (for an off-peak, round-trip ticket purchase for the portion of the trip from Penn Station-NY to the Meadowlands Sports Complex Station).
- Monthly commuters to/from Manhattan can use their monthly tickets **PLUS** \$10.50* (for an off-peak, round-trip ticket purchase for the portion of the trip from Penn Station-NY to the Meadowlands Sports Complex Station).
- Visit www.mta.info for Metro-North fare information.
- Through WebTicket at www.mta.info.
 - Purchase a round-trip ticket to the Meadowlands Sports Complex Station online.
 - Your ticket is valid for travel on both Metro-North and NJ TRANSIT.
 - If you are traveling on the Hudson or Harlem lines to any game, or on the New Haven Line for a game time other than Sunday at 1 PM, you can also buy a \$4.50* MetroCard at Grand Central Terminal for the subway transfer to Penn Station-NY, or you can walk.

NOTE: You must make your WebTicket purchase no less than five days prior to the game to ensure on-time delivery.

*current fare as of August 2010; subject to change

- From a Ticket Machine or Ticket Office
 - Purchase a round-trip ticket to the Meadowlands Sports Complex Station.
 - Your ticket is valid for travel on Metro-North and NJ TRANSIT.
 - If you are traveling on the Hudson or Harlem lines to any game, or on the New Haven Line for a game time other than Sunday at 1 PM, you can also add a \$4.50* MetroCard to your purchase for the subway transfer to Penn Station-NY, or you can walk.
- On-board Metro-North Trains
 - On-board fares are higher, and tickets are sold only for travel to/from Grand Central Terminal and on direct service New Haven Line trains to/from Penn Station-NY. **Tickets to the Meadowlands Sports Complex Station are not available on board trains.** Be sure to purchase tickets before you board from a ticket machine, or in advance through WebTicket.
- Monthly Ticket Holders (to/from Manhattan)
 - You may use your monthly Metro-North rail ticket for travel to/from Grand Central Terminal. For direct service trains, your monthly ticket covers the portion of your trip to/from Penn Station-NY (on football trains only).
 - Once you arrive at Secaucus Junction, you must purchase a round-trip ticket from Penn Station-NY to the Meadowlands Sports Complex Station from any NJ TRANSIT ticket machine to pass through the fare gate area.
 - If you are traveling on the Hudson or Harlem lines to any game, or on the New Haven Line for a game time other than Sunday at 1 PM, you can also buy a \$4.50* MetroCard at Grand Central Terminal for the subway transfer to Penn Station-NY, or you can walk.

FROM STATIONS ON THE PASCACK VALLEY & PORT JERVIS LINES TO THE MEADOWLANDS SPORTS COMPLEX

for any Giants or Jets Game

- From a NJ TRANSIT Ticket Machine or Ticket Office
 - Purchase a round-trip ticket to the Meadowlands Sports Complex Station. (The price is equivalent to a round-trip ticket from your boarding station to Secaucus Junction.)
 - Monthly commuters to Hoboken and Penn Station-NY can use their NJ TRANSIT monthly ticket without an additional charge.
 - On-board fares are higher, so purchase tickets before you board!
- For information about **West of Hudson** ticketing discounts visit www.njtransit.com.

TICKET PURCHASING TIPS

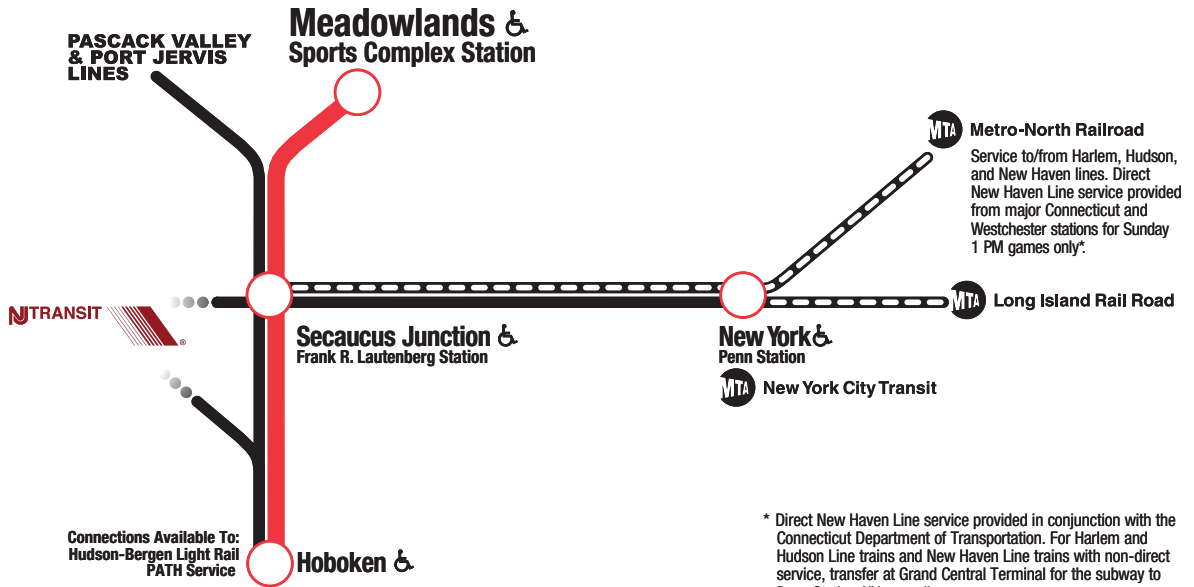
Hudson, Harlem, and New Haven lines only

- Traveling to the game with family or friends? Purchase a Ten-Trip off-peak ticket. You'll save money and you can all share the same ticket. (Ten-Trip tickets are valid for one year.)
- Traveling with the kids? You can't beat our Family Fare: children 5-11 years of age ride for only 75¢ each way off-peak all the way to the Meadowlands Sports Complex Station.

For more information about "Take the Train to the Game" service, visit our website at www.mta.info.

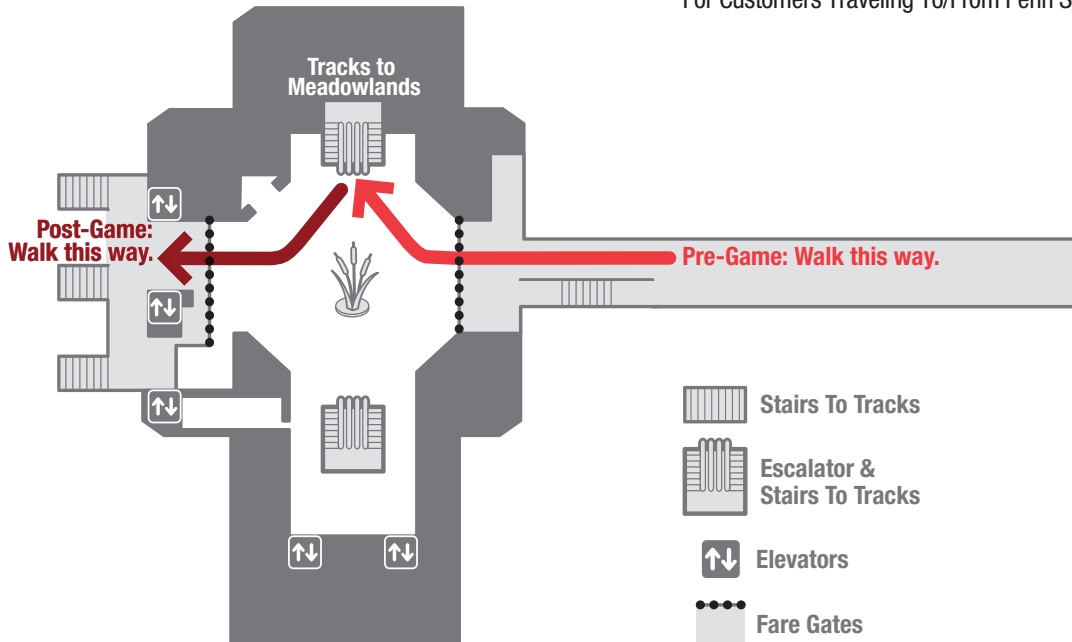
*current fare as of August 2010; subject to change

Meadowlands Sports Complex Rail Service



Secaucus Junction Transfer

For Customers Traveling To/From Penn Station-NY.



SUNDAY, 1 PM GAMES NEW HAVEN – MEADOWLANDS SPORTS COMPLEX

MILES	TO MEADOWLANDS	3137
86	New Haven	<i>AM</i> 9 04
77	Milford	
73	Stratford	
70	Bridgeport	R 9 23
65	Fairfield	R 9 30
63	Southport	
61	Green's Farms	
58	Westport	R 9 38
56	East Norwalk	
55	South Norwalk	R 9 43
53	Rowayton	
52	Darien	
50	Noroton Heights	
47	Stamford	R 9 54
45	Old Greenwich	
44	Riverside	
44	Cos Cob	
42	Greenwich	R 10 01
40	Port Chester	
38	Rye	R 10 07
36	Harrison	
35	Mamaroneck	
33	Larchmont	R 10 15
31	New Rochelle	
12	Penn Station–NY	<i>Ar</i> 11 04
12	Penn Station–NY	<i>Lv</i> 11 14
7	Secaucus Junction	<i>Ar</i> 11 23
7	Secaucus Junction	<i>Lv</i> C 11 29
0	Meadowlands Sports Complex	C 11 42 <i>AM</i>

MILES	TO NEW HAVEN	3148
0	Meadowlands Sports Complex	<i>PM</i> C 4 48
7	Secaucus Junction	<i>Ar</i> C 5 01
7	Secaucus Junction	<i>Lv</i> 5 31
12	Penn Station–NY	<i>Ar</i> 5 44
12	Penn Station–NY	<i>Lv</i> 5 54
31	New Rochelle	
33	Larchmont	D 6 29
35	Mamaroneck	
36	Harrison	
38	Rye	D 6 36
40	Port Chester	
42	Greenwich	D 6 41
44	Riverside	
44	Cos Cob	
45	Old Greenwich	
47	Stamford	D 6 47
50	Noroton Heights	
52	Darien	
53	Rowayton	
55	South Norwalk	D 6 57
56	East Norwalk	
58	Westport	D 7 02
61	Green's Farms	
63	Southport	
65	Fairfield	D 7 10
70	Bridgeport	D 7 18
73	Stratford	
77	Milford	
86	New Haven	7 50 <i>PM</i>

REFERENCE MARKS

- C** Connecting Service. Transfer at Secaucus Junction.
- D** Stops only to discharge customers.
- R** Stops only to receive customers.

Schedules shown are subject to change. Please confirm your travel times. Visit the Metro-North web site at www.mta.info.

2010 Giants Stadium Football Schedule

DATE	KICKOFF	OPPONENT
Sunday September 12	1:00 PM	Giants vs. Carolina
Sunday September 19	4:15 PM	Jets vs. New England
Sunday September 26	1:00 PM	Giants vs. Tennessee
Sunday October 3	8:20 PM	Giants vs. Chicago
Sunday October 17	1:00 PM	Giants vs. Detroit
Sunday October 31	1:00 PM	Jets vs. Green Bay
Sunday November 14	4:15 PM	Giants vs. Dallas
Sunday November 21	1:00 PM*	Jets vs. Houston
Sunday November 28	1:00 PM*	Giants vs. Jacksonville
Sunday December 5	1:00 PM*	Giants vs. Washington
Sunday December 12	4:15 PM*	Jets vs. Miami
Sunday December 19	1:00 PM*	Giants vs. Philadelphia
Sunday January 2	1:00 PM*	Jets vs. Buffalo

- (1) Non direct service is available on the Hudson, Harlem, and New Haven Lines for all games shown above.
- (2) Direct New Haven Line service provided for all games shaded in grey.
- (3) Service is available on the Pascack Valley and Port Jervis Lines for all games shown above.

***NOTE:** Game times subject to change. Please check Jets and Giants web sites. If kick-off time is changed from Sunday 1 PM, direct New Haven Line service will not be provided. If kick-off time is changed to Sunday 1 PM, direct New Haven Line service will be provided.